



Upward Experiences
presents

Begin Again

8 days | Sri Lanka | 14 seats

27 December 2026 to 3 January 2027,
on the south coast near Tangalle.

Galle Fort

Our last stop, on the way to Colombo.



Room to think. *Salt air, a notebook and nowhere to be.*

Fourteen people, one house, and *a week that belongs to you.*

More of us are asking the same questions right now. *Career, direction, pace*, whether doing everything right was supposed to feel like this. You're tired, and you know you need to slow down. But there are responsibilities, family, a partner, parents who rely on you, and slowing down never fits anywhere. **So here are eight days where it does.**

This is for people

- who've done everything right, and still feel unsettled.
- choosing between the safe path and the one that's actually theirs.
- who are tired, responsible, and quietly overwhelmed, and know they need to pause and take a breath.

What the experience looks like



Immerse yourself

The island's calm, the ocean's vastness, and food shaped by centuries of people passing through.



Togetherness

A bonfire, a group who gets it, and stories that sound a lot like your own.



Wonder

Whales at sea, elephants at the water, and the unexpected.



Let go

As the year turns, you let go of who you've been, and embrace who you are becoming.



The Experience

The experience is purposefully slow: guided spaces, ample time with the Indian Ocean by your side. We take you through a journey that helps you understand a little bit more of who you are, and gives you a sense of who you could become. Travel engineered with a purpose.

This is a little taste of how the week unfolds. The exact itinerary will be shared with you upon confirmation on our Sri Lanka NYE 2026 Group.



Closing 2026



One 27 Dec

Land in Colombo and take the coastal train to Galle, one of the most beautiful rides on the island. At the villa, a welcome circle and your first pages of the week.



Two 28 Dec

Why this, why now: a guided session on what brought you here. A nature walk in the afternoon, and a guided night visit to the Rekawa turtle beach.



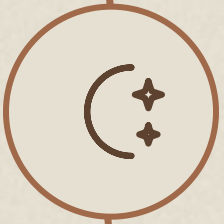
Three 29 Dec

River of Life: mapping the road that brought you here. Local musicians in the afternoon, and stories around a bonfire on the beach at night.



Four 30 Dec DAY TRIP

The one early start: a boat out of Mirissa to find whales and dolphins. A slow afternoon at the villa, then Connecting the Dots, part one of your 2027 plan.



Five 31 Dec

A morning climb to Mulkirigala, an ancient rock temple, and a Sri Lankan craft with local artists. Then Room for Wonder, and we welcome 2027 together.



Opening 2027



Six 1 Jan

A quiet first morning with guided meditation. Future Self in the afternoon, and Follow-through at night: how a plan survives real life.



Seven 2 Jan DAY TRIP

A free morning, then a jeep safari in Udawalawe National Park, known for its wild elephants. One last gratitude circle together at night.



Eight 3 Jan

Your First Step: the one thing you'll do in your first week home. Then Galle Fort on the way to Colombo, and flights home.





We can't promise you clarity.
What we've seen, and
experienced, over and over again,
is that when people sit together
with their most honest selves,
the questions will start getting
answered.



This is not therapy, and it's not a wellness retreat. No gurus. No compulsory sunrises. Just a well-run week, good food, mindful conversations, and room to breathe. You don't have to arrive with answers. Most of us don't.



Your Hosts

We're Abhishek Tatineni and Saurabh Kumar. Between us, we've been to more than 30 countries, and lived in ten. We've run over 70 leadership and growth spaces.

We have done this for over a decade now in multiple formats. This travel-based retreat comes from real conversations, a shared need to slow down, an itch to travel the world now more than ever and our love for hosting spaces like this. We'll be right there with you through this whole week.





One price, and you don't have to plan a thing.

Your stay, your meals, getting around the island and every session are covered. All you need to do is get to Colombo.

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INR
95,000* | USD
999
per person.

~

What's included

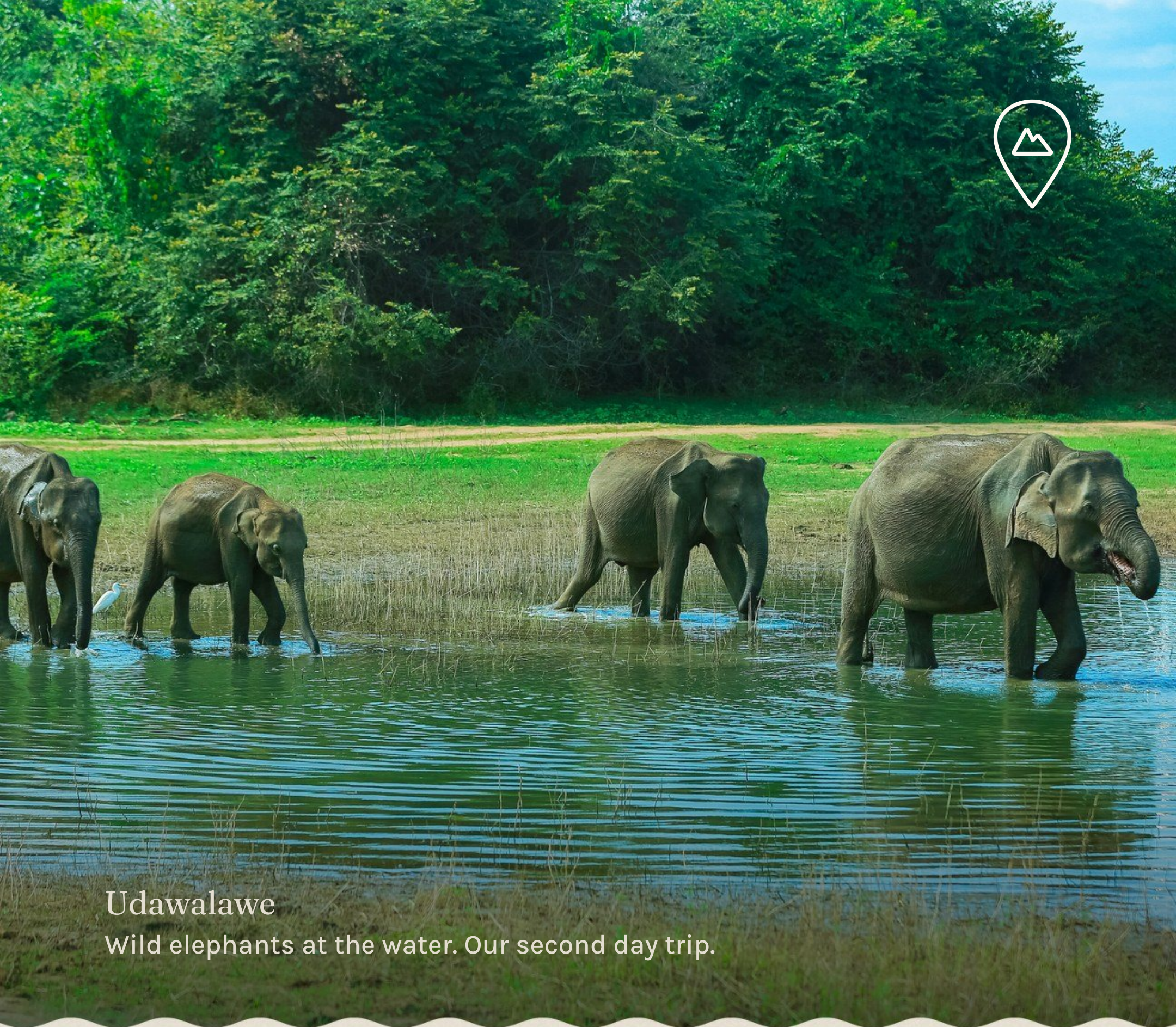
- Seven nights in a private beachfront villa with a pool.
- 21 meals, most cooked fresh at the villa.
- The coastal train, plus a van and driver all week.
- 12 guided sessions, 2 day trips, 7 local experiences.
- Your YearCompass workbook.
- Help with your Sri Lanka ETA. It's free for Indian passport holders and 39 other nationalities.

Not included

- Return flights to Colombo. From India, expect about INR 35,000 to 45,000 over New Year.
- Travel insurance. We strongly recommend it.
- Anything you spend on yourself.

*Per person, sharing a room. Your price is locked once your seat is confirmed.





Udawalawe

Wild elephants at the water. Our second day trip.

Reserve a seat

INR 20,000 / USD 300 to reserve your seat.

We use this to reserve the villa, and so it becomes non-refundable once your seat is confirmed.

Balance due by 10 December 2026.

Your price is locked once your seat is confirmed.

More details to follow in our Sri Lanka NYE 2026 Group upon confirmation.



Come and talk to us

Scan the code, or tap it on your phone, to message us on Instagram. Tell us what you are most confused about, and we'll take it from there.

@upwardexperiences

Or book 15 minutes with a founder

“To break patterns, you have to break patterns.”

- The Bear

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